



Notices 16th October 2024

Dear All,

I hope you enjoyed your Stepping Out group last Sunday.

Next Sunday 20th October

We will be continuing our theme of Jesus in the Old Testament with Moses. Our readings will be from Exodus 3 v 1-15 and John 8 v 52-59. Please pray for Keith Gibson as he prepares to bring God's word to us.

Nisha and Richard will be serving on prayer ministry at the end of the service.

Notices

A Message from Matt Croxon

Opportunities

Kings Arms Project is a Christian charity in Bedford that helps homeless and displaced people in the Bedford area. They are currently recruiting for the following positions Triage Receptionist, Nightshelter Coordinators (x3) and Kids United Holiday Club Assistant. Also, coming soon an Outreach Caseworker.

For more details chat to Matt Croxon or

Contact HR@kingsarmsproject.org . <https://kingsarmsproject.org/vacancies/>

A Message from Glenda

I have just heard that there is a National Week of Prayer planned, covering the UK, from 12th to 20th October.

Their website is nationalweekofprayer.uk Our nation sure needs prayer, and a move of God!

Thanks,
Glenda.

Saturday 19th October - Day of Prayer

Our day of prayer is now just a few days away. Parts of the day are structured but other parts of the day are for quiet prayer. If you would like to lead an hour's slot with a theme or structure please contact Emma on emma@whitefriarschurch.org.uk and let her know and she will add you to the list. Alternatively, if you would just like to come and spend time in God's presence quietly that would be great. Please let Emma know the time you will be in the Bridge. Ideally we need to have every hour filled for security of the Bridge and the school grounds. This is a whole church event suitable for all ages. Please do come and support.

Time	Name
9.30-10.30	
10.30-11.30	
11.30-1.30	Nisha's Homegroup Fasting Prayer and Praise This session will include sung worship and is purposefully over the lunch period so that it can be taken as a fast from lunch if preferred
1.30-2.30	
2.30-3.30	
3.30-4.30	
4.30-5.30	Emma Croxon Family praise and prayer party This will be suitable for all but especially children
5.30-6.30	
6.30-7.30	
7.30-8.30	
8.30-9.30	Richard Hollie Lectio 365 Saturday Night Prayer A quiet contemplative end to the day

Psalm 63 v 1-5

O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. So I have looked upon you in the sanctuary, beholding your power and glory. Because your steadfast love is better than life, my lips will praise you. So I will bless you as long as I live; in your name I will lift up my hands. My soul will be satisfied as with fat and rich food, and my mouth will praise you with joyful lips.

A Message from Andrew Presland

Please see the invitation below about the men's conference. For more information, please click on the link below.

Thank you
Andrew

Connecting with Culture
transforming life around us with the Gospel

MATT LILLCRAP AUTHOR OF "REALITY & OTHER STORIES"

16 NOV 2024 / Moulton Parish Church, Church Hill, Moulton, Northampton NN3 7SW

<https://www.mgpnorthampton.org.uk/event-details-registration/mens-conference-2024>

A Message from Matt Croxon

The Rushden and Higham Council of Churches are organising an event with Christian Vision for Men (CVM) called Unschooled Ordinary Men. CVM has a vision to reach 1 million men with the good news of Jesus and have organised the Unschooled Ordinary Men events as a rally for Christian men to help this mission. Why is it called Unschooled ordinary men?

“When they saw the boldness of Peter and John and realized that they were unschooled, ordinary men, they marvelled and took note that these men had been with Jesus.” Acts 4:13

Details; Park Road Baptist Church, Saturday 23rd November @ 7,30pm. Tickets £5

More information and tickets on the link

below <https://www.tickettailor.com/events/christianvisionformen/1321152>

Care for the Family – Autumn tour

Care for the Family is one of our mission charities this year. An Evening with Rob Parsons, “Reflections on the Journey” is coming to Kettering on 28th November at Christ the King, Kettering, NN15 7AA. If you would like tickets - Early Bird tickets are £6 until 29th October. Group Tickets £8 each and standard tickets £11.

The poster features a QR code in the top left corner. The background is a dark image of Rob Parsons with handwritten text in white. The text on the poster includes:

- Reading 12 November
- Oxford 13 November
- Worcester 14 November
- Maidstone 26 November
- Guildford 27 November
- Kettering 28 November

All events 7.30 pm

An Evening with
ROB PARSONS
Reflections on the Journey

cff.org.uk/robparsons

Care for the Family logo

Prayers and Fasting for the New Vicar

We are still praying each Sunday at 9.45am for our new vicar. Please join us in the library before the service. Some members of the congregation are intentionally praying and fasting for the church and 'inter-regnum' once a week. Please feel free to do the same if you think you are being called to.



Nisha spoke about biblical fasting. She interviewed Pete Squires and Matt Bundock. Pete pointed out that Jesus said “when you Fast” not “if you fast” Matt 6 v 17. It is a discipline to fast but our relationship with God grows deeper. It is about sacrifice and it is between you and God. Pete made the distinction that it is only about food and nothing else. If people say they are fasting from using their phones or tv then it is idolatry because we value the object we are giving up. When we give up food it is about God because he feeds us.

Nisha said about fasting:-

- It is good, whole and proper as it carries God's blessing. Biblical fasting is refraining from eating with prayer.
- How should it be done? Discreetly unlike the pharisees in Matt 6 v 16-18. It is a private thing between you and God but Jesus spoke about it to the disciples so that we would know about it today.
- Daniel fasted from rich food only and ate vegetables to honour God. Daniel 1 v 8-14
- Fasting could be public/corporate/community – at a time of great trouble or for a specific reason. Esther 4 v 16 or Jonah 3 v 5. We could fast and pray for our new vicar.

- The spiritual disciplines are Prayer, fasting, meditation and study
- Nisha quoted from Richard Foster's book "Fasting is Feasting". "We are not so much abstaining from food as we are feasting on the Word of God.

Nisha asked Matt Bundock as a doctor about fasting. Matt said that you need to think carefully about fasting if you have mental health issues relating to food and other health conditions. Fasting is not about making ourselves ill.

If you would like to know more about biblical fasting please speak to Nisha Slater, Pete Squires and Matt Bundock

"Thus says the Lord, who makes a way in the sea, a path in the mighty waters,
who brings forth chariot and horse, army and warrior, they lie down, they cannot rise, they are
extinguished, quenched like a wick; Forget the former things' do not dwell on the past.
See I am doing a new thing! Now it springs up; do you not perceive it?
I am making a way in the wilderness and streams in the wasteland."
Isaiah 43 v 16-19

Ask not what your church and God can do for you, but what you can do for your church and God. Here are some opportunities for you to serve God and His church

Letter Rota

One kind person has offered to join the letter delivery rota. Thank you. If one more person could offer it would mean you would only have to be a postman once a month. Is this something that you could do?

Refreshment Rota

Could you help set up or put away the refreshments? Ideally, we need one person to set up and one person to put away each service. Could you join this rota?

Cleaning Rota

We now only have three people on the cleaning rota. Could you share the load? If five more people could offer to clean you would only be asked to clean the Bridge once every two months!!! Could you give a couple of hours once every two months? Thank you.

If you would like more details about the different rotas and what each job entails, please chat to me on Sunday or email office@whitefriarschurch.org.uk.

I hope you have an enjoyable week and I look forward to seeing you on Saturday in the Bridge for the day of prayer or on Sunday.

With blessings,

Sara Owst
Ministry Resources Manager